



ACTIVITY GUIDE

Disney
ALEXANDER
and the Terrible, Horrible,
NO GOOD, VERY BAD DAY
IN THEATERS OCTOBER 10



Have fun with your family by going to see *Alexander and The Terrible, Horrible, No Good, Very Bad Day* together! This entertaining movie is about a boy who feels like he's the only one in his family without a perfect life. Alexander's view changes when the whole family faces a crazy day filled with challenges, and he develops a new outlook that helps his family understand how their collective strengths will help them get through tough times together.

We've created family-friendly activities for YOUR family to do together before or after seeing the movie.

Activities

Don't Make It a Chore: Just Have Fun!

In this activity, families are encouraged to find ways to have fun while getting chores done. Since there are always chores to do, finding a way to make them lighthearted makes them easier and gives family members opportunities to come together playfully.

Can't imagine yourself having fun while doing chores? Gather your family and give this activity a shot—you may surprise yourself! For example, try dancing while doing the dishes—together!



#VeryBadDaySweeps

One of the great things about families is that they come in all different shapes and sizes. Each family is different, and each is unique—like yours! And sometimes, families have a very bad day. Sometimes those bad days include awkward, funny, or wacky moments—and pictures to prove them!

Get together with your family to relive old times and find fun—and funny!—family pics. Then, enter your pic in the #VeryBadDaySweeps for a chance to win something very good!

Find and enter #VeryBadDaySweeps photos that might include:

- Awkward moments on family vacations
- Bad hair days
- Funny holiday scenes

Adults: Ask kids and teens how to post pics using Twitter or Instagram—they probably know! Give them the opportunity to teach you something new. Then, post awkward, fun, and funny family pics at #VeryBadDaySweeps every Thursday from 9/4 through 10/16.

Select photos will be posted on the program website, at www.bkfk.com/alexander, on a rotating basis. Learn more about the sweeps at <http://movies.disney.com/alexander-and-the-terrible-horrible-no-good-very-bad-day/sweepstakes/>. Read the official rules at <http://on.fb.me/1tatOdF>.

Make a Match

Do you know the Coopers? Have fun with your family by matching the characters from the movie to find out who's who in Alexander's family. Visit www.bkfk.com/alexander and click on the matching game!

